

Good News Banner

September 2022

Farragut Presbyterian Church

209 Jamestowne Blvd. Knoxville, TN 37934 865-966-9547 office@fpctn.org www.fpctn.org

Office Hours

Monday - Thursday 9-3 Friday 9-1

Worship

9:00 am Casual Service

Parking Lot (bring a chair)

11:00 am Traditional Service Sanctuary

Subscribe to the FPC Youtube page to watch via the web live or at a later time

We are a diverse and welcoming community of believers, called by God, graced by Jesus Christ, and empowered by the Holy Spirit to serve God through worship in the Reformed tradition, compassionate service to all, and the nurturing of each other so as to grow in faith together.

Reverend Matt Nieman

A Message from our Pastor



Listening and Obeying

With the start of school at all levels, there is the reclamation of a popular phrase: Listen to your teachers. Whether it be preschoolers or college freshmen, instructors seek success for their students. And the quickest path to success is to listen to the teachers who are guiding them.

But there's more. Listening is one thing, but what's implied in that command is the necessity for following the teacher's instructions. We could even use a word that has largely fallen out of favor: Obey.

Obey the teacher? As students grow older—into their teen years—they are invited to think more for themselves and formulate opinions based on what they think is best. So, to disagree with a teacher's teachings is lauded as a form of "thinking for oneself" and establishing their own version of truth.

The same is true when it comes to obeying one's parents. Obeying your mother or father gets harder as kids grow older and conclude on their own what they believe is right.

And what about listening to and obeying God? Is there still a place for following God's instructions for faithful living?

In Deuteronomy 30, God lays out a plan for the people of Israel. It's a proven one that will bring them prosperity. But it involves them making a choice. They could either listen and choose to obey the Lord's plan set out for them, or they could turn away and not follow the plan that would allow them to thrive.

While they had a choice, God made it clear what the better choice was: Obey the Lord. And as history would show, time after time Israel would choose poorly and suffer the consequences.

The lessons that God lays out for his people—from the Israelites to his children today—are proven winners. When we love God and love our neighbors, which includes obeying the famous Ten Commandments, we are more apt to find lives freer of the impediments that cause us to stumble and fall.

Clearly, it's not wise to obey the wrong leaders. But a teacher, a parent, and a God who truly have our best interests at heart? It's worth our time to devote our lives to listening and following what they have to say.



Bring the kids to FPC KidZone at 9 am on Sundays for a wild time with animal friends! These engaging animals will guide the children through historical bible events.

Adult helpers and substitutes are always needed - please contact Mason Warren at masonwarren@fpctn.org for more information.

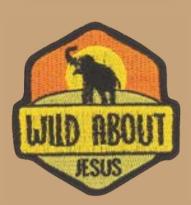


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BUILDING COMMUNITY THROUGH GIVING





Our last support host week for 2022 is October 2-10. We will do gift cards for dinner, groceries for breakfast and lunch, and gas as we have been doing for the last two years. I will publicize the sign up sheet when it is posted by Westside UUC.

Beginning in January 2023, Family Promise will be hosting guest families at the individual congregation buildings rather than at extended stay motels. We will be able to host three-four families rather then just two. Last month, I described the volunteer task of providing and serving dinner. This month, the focus will be overnight hosts.

People who have spent the night with our guests feel it is the easiest job. You are able to sleep during the night in a room separate from the guests. You are there in case of an emergency (health, building, answer questions in the evening or in the morning). Hosts arrive at 8pm with a sleeping bag or bedroll. Guest families generally turn in early because of school, work, or early arrival of the van to take families to the day center. Night duty will make sure all guests are in the building and the doors are locked. You will be notified about guests who will be late because of work or a school activity. In the morning, breakfast items are set out and some guests will make lunches to go. After the guests leave and the building is locked, hosts may go on their way. All volunteers will have the opportunity to have an orientation tour of the Westside building, so you will know where keys, important phone numbers, extra air mattresses are located. If you have questions please do not hesitate to contact me at bethloyless@hotmail.com.



Presbyterian Women will sponsor a pound party in September and October to help stock the Sunset Gap Food Pantry. Items most needed include sugar, cooking oil, flour, cornmeal mix, pasta and pasta sauce. Any questions, contact Debbie Long.

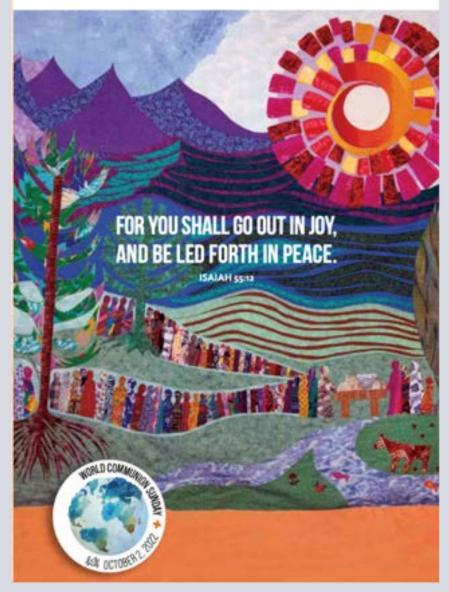


Looking to get involved with VMC?

Meal groups are a great volunteer opportunity for churches to provide meals for those working hard to escape the streets and achieve housing. Farragut Presbyterian has been serving lunch at Volunteer Ministry Center for many years.

The September VMC lunch will be on Tuesday, September 20 and will be coordinated by Terry Olberding. If you would like to volunteer to help please contact Terry at 865-661-4282 or email at robtterryo@yahoo.com.





A gift to the Peace & Global Witness Offering enables our church to promote the Peace of Christ by addressing systems of conflict and injustice across the world. This offering is tied to World Communion Sunday on October 2.

The Outreach Committee will designate a local group supporting Peace and Global Witness to receive 25% of the 2022 offering. Mid councils get 25% for ministries of peace and reconciliation. The remaining 50% is used by the Presbyterian Mission Agency to advocate for peace and justice in cultures of violence, including our own, through collaborative projects of education and Christian witness.

To Donate

- Use an envelope provided at the church
- Send a check to FPC with Peace and Global Witness on the memo line
 - Submit a gift through e-giving at fpctn.org



Music at FPC Dr. Angela Batey, Director

TWENTY-FOUR YEARS! And what wonderful years have those been! It is very hard to believe how much our ministries and facilities have changed since my arrival on August 1, 1998. As I look back over my forty+ years of ministry, I cannot help but feel excited about the future at Farragut Presbyterian Church as we return to our full activities this fall.

Our church offers many opportunities to raise your voice in thanks and praise to God. There is a place for you, no matter what your age or ability. We are proud of our Music Ministry, and we are eager for you to join us!

We certainly do appreciate all the positive feedback about our Music Ministry! The Chancel Choir and I are also excited that you enjoy our music in worship at the 11:00 service. Join us as we begin our new season with rehearsal on Wednesday, September 07 at 7:30 p.m. I hope you will prayerfully consider joining our Music Ministry. Our ministry is for those who want to give of their gifts. It is NOT for the "most talented" or "most experienced". Try us! You will be welcomed into a warm and loving fellowship.

The Purpose of Music in Worship

- 1. To praise and worship the Lord This should be the highest purpose for music.
- 2. To teach the Word We often know more scripture because of the hymns we sing than we do through rote memorization. There is something about putting music with the words that makes them much easier for us to remember.
- 3. To release the power of God through music It is not uncommon to experience wonder and awe as we worship the Lord through music in worship.
- 4. To tell the great works of our God Through music we may constantly be reminded of the greatness of our God.
- 5. Music also helps bring a unity within our services As we gather together we each come from varied backgrounds and experiences, music is able to help us focus our heart and thoughts on worship. It draws us together into a corporate unity more quickly than anything else can.
- 6. Music prepares the heart of people to hear the Word As we are led in musical praise and worship, we are, in effect making ready the hearts of people to receive the Word. Music in our worship at FPC is NOT a performance it is an integral part of the fabric of our worship.

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WHY YOU SHOULD JOIN THE CHANCEL CHOIR

Why would God want us to sing, especially in church? Singing in church is a special way of praising God and this very special kind of music delights the ears of God. All through scripture, God calls on the people to sing. Psalm 96:1 - "Sing to the Lord a new song, sing to the Lord, all the earth." Psalm 100: "Make a joyful noise unto the Lord...come into his presence with singing." The emphasis in the church is on the participation of the whole congregation in singing. Sacred music is a means for the true religious and spiritual expression of the whole congregation.

Music, then, is an integral part of the liturgical worship and a prayerful response to the worship experience. The primary role of the choir is to lead the congregation in song. In preparation for every worship service, many resources are consulted and all music is very carefully chosen to reflect the word of God as found in the scripture readings of the day. Many of you have commented on how the music in worship and spoken word seem to 'go together so well!" Thank you for noticing!

The goal, of course, is to musically lead the whole congregation to a deeper spirituality and relationship with God through the music selected for worship. What a privilege to lend your voice to be used by God for worship - praising God through song! Serving the Lord and considering all God does for us, our voices raised in song is just a little giving back to God!

Among the reasons people sometimes give for not wanting to join the church choir is they have no musical background or they are shy and can't stand people watching them sing. Music is our lives from the moment we are born. Since the time of Plato, artists and scientists alike have been intrigued by the power of music to elicit strong emotional responses in humans. Research shows babies in the womb hear and respond to the sound of music; mothers sing lullabies to their babies; music is a part of community youth and adult social groups; and music has always been a part of religious services and activities.

Research shows that singing is at the top of the chart on how best to express deep emotions and it can also intensify joy and ease sorrow. Through singing we also experience intellectual stimulation - when you make music, you are using both sides of your brain simultaneously.

Also, people who sing regularly tend to breathe well, have good posture and resonant speaking voices with expanded lungs for free intake of oxygen and thus stay youthful longer than the average non-singer. (Who knew the Fountain of Youth was in front of you every Sunday?!)

Singing greatly reduces stress, improves mood and the best benefit of all - it doesn't cost a thing to experience this joy and fellowship with other congregants!

The Chancel Choir of Farragut Presbyterian Church stands ready to introduce you to all the benefits enumerated above, but one warning: your sides will hurt from laughing so much during our rehearsals!

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MEN'S BIBLE STUDY

The men of FPC gather twice a month for fellowship and a time of bible study. The group meets the 2nd and 4th Thursdays of each month in the narthex at 8am. If you would like to join us, please contact John Neighbors or the church office to get on the contact list. Donuts, coffee, and great fellowship provided!

Join us September 8 and 22 8 am in the Narthex



For most women, participation in Presbyterian Women starts just down the street in your local church. Presbyterian Women in the Congregation (PWC) groups build community, affirm women's calls to leadership and spiritual growth, raise concerns and channel information to and from Presbyterian Women in the Presbytery. In terms of what this means to you, Presbyterian Women is a loving community that can challenge and nurture you, and be a vehicle for making the world a better place for all of God's children. Consider joining an FPC Circle.

ALL CIRCLE MEETINGS ARE HELD AT THE CHURCH

Circle #1

2nd Tuesday, 10 am

Leaders: Janet Tinder, 865-966-5302

Kathy Emmerson

Circle #2

2nd Tuesday, 10 am

Leaders: Becky Thomason, 865-607-0727

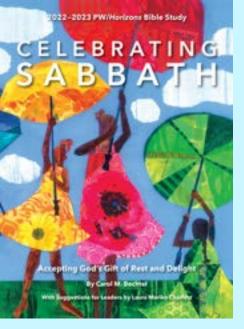
Linda Nunley

Circle #3

2nd Wednesday, 10 am

Leaders: Mikie Lancaster, 865-675-0360

Jo McElhaney, 865-966-5424



Presbyterian Women had a total of 30 ladies attend our kick-off Luncheon on Saturday August 13 in the fellowship hall. We had a great lunch from Apple Cake Tea Room, great fellowship, installation of officers for 2022-23, and a "Getting to Know You" event, where we found out very interesting tidbits about everyone attending that we did not already know. In September we begin our circle meetings. This year we will be studying "Celebrating Sabbath: Accepting God's Gift of Rest and Delight".

In the nine lessons of this Bible study—with passages from Genesis, Exodus, Deuteronomy, Isaiah, Matthew, Luke, and Acts—we'll consider Sabbath

- as a celebration, not a day of dreary formality
- as God's intent for all of creation and that includes busy women too
- as one day of the week, perhaps a Sunday
- as a time to surrender unhealthy striving and frantic busyness, and instead trust God will provide
- as a reminder that life is precious and working too much is against God's plans for our precious lives
- as a day devoted to community and justice and not exclusively to self-care.

Ultimately, Sabbath reminds us to honor God who honors us by giving us a day each week to reset our pace, our priorities, and our lives.

We have two Tuesday morning circles which both meet at the church on the Second Tuesday of each month, and one circle on the Second Wednesday of each Month, also meeting at the church. In September, the meetings will be held on the 13th and 14th of the month at 10:00 am.

If you are not currently attending a circle and would like to join one, or you have any questions, please contact Beth White by calling 865-966-1121 or email bwhite6@msn.com.



Chair Yoga

MONDAY AND FRIDAY
10 AM, 30-MINUTE CLASS
NARTHEX

30 minute class is perfect for those with limited mobility or balance concerns.

TGIF Gentle Yoga

FRIDAY AT 7 PM
FELLOWSHIP HALL

60 minute gentle/slow flow class Bring a mat and comfortable clothing. For beginner and experienced yogis.

Contact Jenny Trussell at CEDARSTUDIOS4@GMAIL.COM for additional information or a private introductory session!



FPC FELLOWSHIP GOLF

Wednesday Night Golf League
Avalon Golf and Country Club
700 Turnberry Circle, Lenoir City, TN

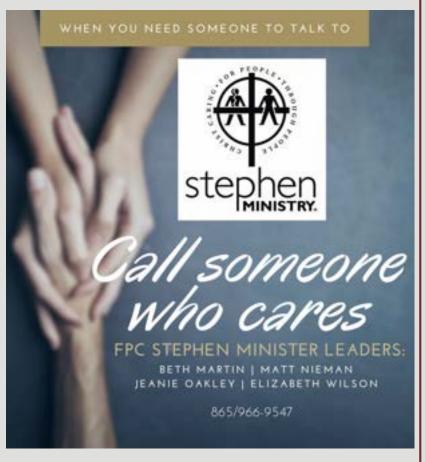
Tee times start at 4:50 pm 9 holes with cart is \$30. Following golf, the group enjoys dinner and

fellowship at the club grill.

To reserve your tee time, contact Wayne Walls by Tuesday of the week you want to play.

ATTENTION!!!!

The <u>Daytime Rockers</u> are looking for someone to manage and plan the monthly outings. If you interested in volunteering please contact Gloria Purjet for the email list of group participants. Thank you.





Prayer Shawl Ministry September 27, 2 pm

Join this wonderful group of knitters and crocheters to make shawls for FPC members who need extra comfort during a difficult time.

Patterns and yarn are provided.

Remember in your prayers...

Prayers for Our Church Family
Jim Brannon, Pat Dail, Denise Damelio,
Barb Emery, Billie Fain, Dean Fleming,
Chuck Foriska, Tyrone Gregory, Ron
Griffith, Sharon Koch, Mikie Lancaster,
Bill Lester, Bron Lewis, Beth Loyless,
Irma McGuffey, Tami Newsom, Larry
Roberts, Dee Robinson, Kathryn
Robinson, Jerry Seiler, Dorean Stuewe,
Janet and Steve Tinder, Helen Turner,
Hazel West, George White

<u>Military</u>

Joshua Meador, David Sparks, Mark Wurth

Bereaved

Robbie Leffew, mother of Beth Allen.If you would like to send a card, the address is: Beth and Mark Allen 2788 Fieldstone Dr. Lenoir City TN 37772



Thank you from the Church Life
Committee to all who assisted setting
up and then taking down and storing
the tables and chairs employed
during the Summer Fair Luncheon in
Fellowship Hall on Sunday, August 7.
We had a great turn out and I think
the kids had a great time.
Gary Heidinger

Thank you to all who participated in Sunset Gap Back to School drive. To those who sponsored a tag, sorted and bagged, or loaded and delivered. You have made a difference in the lives of 25 children.

September Anniversaries

9/01	Bruce and Elizabeth Wilson
9/04	John and Nancy Huntley
9/05	Jason and Rachel Campbell
9/06	Bill Nelson and Helen Nalley
9/07	Wayne and Patti Davis
9/08	Mark and Beth Allen
9/09	Jim Rooney and Beth Ralph
9/14	Tim and Sarah Mashue
9/14	Bob and Laura Colloredo
9/27	Brett and Amy Eiffert



September Birthdays

9/4	Gary Mitchell
9/5	Justin Lomax
9/5	Marc Maley
9/5	Rosemary Den Uyl
9/5	Dale Emmerson
9/6	Mark Selecman
9/7	Shelly Lomax
9/9	Eric Nicholls
9/11	Dawson Sweetland
9/11	Nancy Rightmyer
9/13	Elizabeth Wilson
9/14	Joel Neely
9/15	Molly Robinson
9/18	Hal Oakley
9/19	Frank Dorman
9/19	Brett Eiffert
9/20	Gilberto Medina
9/20	Matt Honey
9/21	Joey Nieman
9/22	Gary Heidinger
9/22	Sarah Mashue
9/23	Donna Plumlee
9/23	Jeanie Oakley
9/24	Molly Henderson
9/24	Becky Dangel
9/24	Clay Griffin
9/28	Jessy Rich
9/28	Bob Upchurch
9/28	Tim Hallman
9/29	Beth Loyless
9/30	
9/30	Steve Tinder



Pastor Matt's Class

Library We Make the Road by Walking Brian McLaren

If you're seeking a fresh way to experience and practice your faith, if you're a long-term Christian seeking new vitality, or if you feel out of place in traditional church circles, this book will inspire and activate you in your spiritual journey. rom critically acclaimed author Brian McLaren comes a brilliant retelling of the biblical story and a thrilling reintroduction to Christian faith.

- Cultivate an honest, intelligent understanding of the Bible and of Christian faith in 21st century
- Engage with discussion questions designed to challenge, stimulate, and encourage
- Reimagine what it means to live joyfully and responsibly in today's world as agents of God's justice, creativity, and peace

Thursday Evening Bible Study

Meets on Zoom led by Elizabeth Wilson Beginning September 8

Join us for the finish line! The Thursday evening Bible study is discussing Book V of the Psalms this year. This is the part of the Psalter that has the longest psalm, the shortest psalm, the angriest psalm, and the highest percentage of praise psalms. We have great conversations and many laughs at our weekly Zoom meetings, and even more at our occasional parties.

Youth Sunday School

Room 10, Led by Mason Warren Join us each week for a look at a different book of the New Testament.

Monday Connection

Led by David Long Room A Grateful

The Subversive Practice of Giving Thanks
Diana Butler Bass

If gratitude is good, why is it so hard to do? In Grateful, Diana Butler Bass untangles our conflicting understandings of gratitude and sets the table for a renewed practice of giving thanks. Grateful shows "it is not impossible to imagine a society based on gratitude. It merely takes courage, creativity, and trust." (Los Angles Review of Books)

We know that gratitude is good, but many of us find it hard to sustain a meaningful life of gratefulness. Four out of five Americans report feeling gratitude on a regular basis, but those private feelings seem disconnected from larger concerns of our public lives. In Grateful, cultural observer and theologian Diana Butler Bass takes on this "gratitude gap" and offers up surprising, relevant, and powerful insights to practice gratitude.

ADULT BIBLE STUDY

Led by Elizabeth Wilson

This class will discuss the weekly Lectionary text. There's an optional lesson handout, but you can also join us for the conversation. In nice weather we meet outside under the trees, in bad weather we meet in the parlor.

SESSION HIGHLIGHTS

At its meeting on August 22, the Session:

- Approved the baptism of Thomas Charles Maley, son of Marc and Kirsten Maley, on October 9.
- Approved a \$5,000 expenditure for the purpose of architectural planning for new exterior doors to replace existing windows in three rooms within our educational wing. The doors are mandated by state regulations to house children under the age of 30 months. The improvements are needed for Big Fish Academy's program.
- Heard plans from the Church Life Committee for a tailgate luncheon after worship on Sunday, October 23. There will be one worship service at 10 a.m. that morning.
- Heard of the Outreach Committee's decision to give \$1,000 in mission funds to the flood relief efforts in Eastern Kentucky.

	Financial Report as of July 2022			
	Actual for July	YTD July	YTD July Budget	
Operating Income	\$46,975	\$412,510	\$387,807	
CEP Income	\$0	\$61,713	\$61,575	
Total Income	\$46,975	\$474,224	\$449,382	
Operating Expenses	\$48,154	\$372,199	\$389,496	
CEP Expenses	\$0	\$50,995	\$56,781	
Total Expenses	\$48,154	\$423,195	\$446,277	
Total Income less Expenses	(\$1,179)	\$51,029	\$3,105	

Get Social!

Farragut Presbyterian is live on Facebook, Instagram, and Twitter.

Have something to post?

Send to our social media coordinator, Emily Sweetland,

at social@fpctn.org or text 865-567-7636



https://www.instagram.com/farrgutpesbyterian



@FarrPres



https://www.facebook.com/FPCKnox



When donating used items to KARM tell the employee the name of the church. Quarterly, the church will receive gift cards to KARM Stores that can be given to someone in need.



Support FPC Christian Ed with
Kroger Community Rewards Program
Link your Kroger reward card to FPC.
Sign up at:
Visit https://www.kroger.com/account/enroll

CommunityRewardsNow/
Our organization number is YU915.



Support Farragut Presbyterian Church Go to smile.amazon.com When you shop, Amazon donates. Pastor
Reverend Matt Nieman
matt@fpctn.org
402-660-2451 (call or text)

Administrative Staff
Dawn Zilles
Office Administrator
office@fpctn.org
865-966-9547

Lori Corbett Bookkeeper bookkeeperfpc@gmail.com

Mason Warren
Director of Family Ministry
masonwarren@fpctn.org

Music Ministry
Dr. Angela Batey
Director of Music
abatey@utk.edu

Dr. Khyle Wooten
Casual Service Worship Leader
khylebwooten@gmail.com

Tami Newsom
Associate Director of Music tnewsom3@utk.edu



Session

Administration
Kirby Purjet
Jack Rightmyer

Christian Education
Denise Griffin
Jenny Trussell

Church Life
Gary Heidinger
Jane Bolus

Outreach
Buck Jones
Kirk Morris

Property
Mark Allen
Darrell Sparks

Worship and Music
Sharon Koch
Catherine Manning

Clerk of Session
Janet Tinder